





# MASSAGES

## APAPACHO

\$1,435.00 MXN, 30 Min. / \$2,460.00 MXN, 50 Min. / \$2,870.00 MXN, 70 Min.

Náhuatl origin, apapacho means to embrace with the soul, and that is what your body will feel with this massage of soft to medium pressure, in which the nervous and muscular system will feel relaxed, leaving the stress behind.

## PIXAN

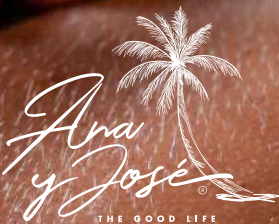
\$1,795.00 MXN, 30 min. / 2,665.00 MXN, 70 min. / 3,075.00 MXN, 90 min.

Pixan means "spirit" in Mayan and this therapy will bring your spirit and mind back into balance. Massage focused on the deepest structures of the muscles, in which medium-strong pressure is used in order to restore mobility to the muscles, release toxins accumulated in them and accelerate circulation, this service is complemented with the use of herbal pindas, which will help the muscles and mind to relax thanks to its herbs, essences and warm temperature, helping to reduce pain.

## TUNICH

\$3,075.00 MXN, 80 Min.

This unique experience will recover your body using ancestral massage techniques such as hot stones and stretching performed according to the ancestral Mexican culture, to restore the energy of your mind, body and soul.



# MASSAGES

## OTOCH

\$1,230.00 MXN, 30 min. / 2,460.00 MXN, 50 min. / \$2,870.00 MXN, 70 min.

For the Mayan people otoch means home, and our desire is that through this personalized massage you can return to yours totally renewed and healed through various massage techniques, such as relaxing, deep tissue and stretching as required.

## ABHYANGA

\$2,665.00 MXN, 50 Min. / \$3,075.00 MXN, 80 Min.

Massage belonging to Ayurvedic medicine, which aims to achieve the balance of the prominent dosha in each person, balancing their energy and mental tranquility, reducing stress levels and transforming it into pure energy. A special oil is used for each dosha, which is heated and applied with rhythmic manipulations.

VATA  
Avocado oil

PITTA  
Coconut oil

KHAPA  
Almond oil.

## REFLEXOLOGÍA / REFLEXOLOGY

1,435.00 MXN, 30 min. / 2,460.00 MXN, 60 min.

Stimulating and medicinal Asian technique provided in hands or feet, where each area is considered as the reflection of an organ so that through massage in specific areas promotes the welfare and internal health of the body.





# MASSAGES

## CHAN'PAAL

\$1,045.00 MXN, 20 min.

A massage designed for the little ones, with the fine intention of relaxing their senses and generating calm in their body through blood activation that will strengthen the nervous system and their immune system. Recommended for children +1 year.

# BODY TREATMENTS

## BODY EXFOLIATION WITH COPAL

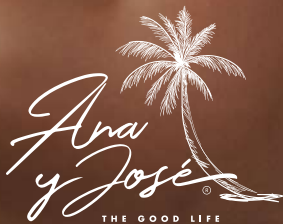
\$1,900.00 MXN, 30 Min.

Renew your skin and your energy with this copal exfoliation, a Mexican resin that since pre-Hispanic times has been used in rituals and temazcal and that will leave your skin smooth and ready to receive a deep moisturizing with aloe vera based cream, completing this service dedicated to the skin.

## MEXICAN ANTI AGING TREATMENT

\$3,075.00 MXN, 90 Min.

Remineralizing and antioxidant treatment based on chaya, bell pepper among other natural ingredients that completely renew the skin, this service begins with an exfoliation, followed by a wrap with a mask and ends with the application of a moisturizing cream that will seal its benefits.





## TEOCALLI AFTER SUN TREATMENT

\$2,460.00 MXN, 60 Min.

Treatment designed for those skins that have been damaged by the sun; among its ingredients are honey, prickly pear and agave that will recover the natural balance of the skin; you will enjoy a body mask followed by a deep moisturizing with aloe vera.

## BAMBOO EXPERIENCE

\$3,280.00 MXN, 80 Min.

An oil based on bamboo will be the conductor of this stick on the body, which will release energy to our body, forgetting the daily stress and providing flexibility to our skin, at the end rests a detoxifying mask based on mango and pineapple.



Ana  
y José  
THE GOOD LIFE

# FACIALS

## ACANA FACIAL

\$2,870.00 MXN, 70 Min.

Anti-aging facial for the treatment of deep wrinkles and prevention of the appearance of new expression lines, leaving the skin taut and hydrated. Its fast absorbing ingredients together with a rhythmic massage focused on lifting and relaxing the face will make this facial a true experience. Extractions are not included.

## INTI FACIAL

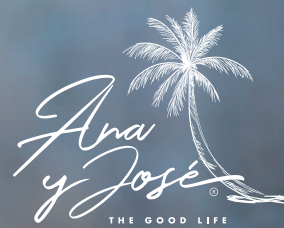
\$2,665.00 MXN, 70 Min.

Facial focused on deep cleansing and eliminating impurities in the skin created naturally by our body and environmental exposure, resulting in a cellular renewal of the skin, a smooth texture and a luminous face.

## YAAKUN FACIAL

\$2,767.00 MXN, 60 Min.

Receive the pleasure this facial specially designed to nourish and strengthen sensitive skin either natural or caused by external agents, and get a healthy, soothed and hydrated skin.



## MEXICAN SIGNATURE

The following services begin with a traditional energetic Mexican cleansing (copal, herbs)

### TRADITIONAL MAYAN SOBADA

\$2,460.00 MXN, 60 Min.

According to Mayan beliefs, energy starts from the navel and is distributed throughout the body, this technique reposition the digestive organs so the body finds its natural balance and energy. Energetic-prehispanic experience.

### MEXICAN XOCOLATL TREATMENT

\$2,460.00 MXN, 60 Min.

Relaxing massage with Mexican chocolate, full of antioxidants and moisturizing properties, will leave your skin soft and nourished.



